

# The North Zealand Route. Helsingør to Roskilde

## Verbal description

*A Long Distance Path connecting Helsingør and Roskilde*

### **Description.**

The route is signposted until Farum and work is in progress on extending signage.

Helsingør to Mørdrup From Helsingør Station's forecourt cross the road to Toldkammeret(#), the former Customs House. Turn right and follow Havnegade along the Harbour past Kulturværftet (The Culture Yards) (#) towards Hamlet's Castle, Kronborg (#). At the traffic lights and the Dancing Maids Fountain (#) turn right and after crossing the railway left into



Strandpromenaden. Follow this road passing the Øresund's Aquarium (#), and the Campsite until you reach the end. In front of you is Marienlyst Hotel and Casino.

Turn left along Strandalleen to the Marienlyst station. Just after the right hand end of the station cross Nordre Strandvej, the main coastal road, and railway. Continue ahead up Slotsvej. Follow it as it turns left and continue until you reach the entrance to Marienlyst Slot (#). Just before the gates turn very sharp right up the slope. After passing through the Old Royal Gardens (also known as Hamlet's Garden) the path continues northwards along the top edge, or shelf (#), of a natural steep slope above the railway.

This area has deep ravines and you should follow the path at this level as it winds in and out. Follow this path past Konventum (#) – the Trade Union residential Conference and training centre and a golf course until reaching Teglstруп Hegn wood. Follow the edge of the wood to the left until reaching a large Nature Playground.

You are now on Gammel Hellebækvej. From the Nature Playground turn right and follow the road. After 1km and when the Kobberdam (#) pond comes into sight take a track to the left. After 100m take the left turn on Den Skrå Bomvej. After about 1km the path turns 45 degrees left with a smaller path continuing forward. After another 100m the path turns 45 degrees right along the end of Klaresø (Clear Lake). At the T-junction by the next lake Sortesø (Black Lake) turn right and after about 100m turn left. You are still on Den Skrå Bomvej. Continue along Den Skrå Bomvej until you reach the car park on Esumvej.

Turn left along the car park, cross the road Esrumvej and continue left along Esrumvej almost 100m until there is a woodland track on your right. Follow this path's twists and turns for 1km and turn left where another track crosses this track. (A footpath continues straight ahead – ignore it). Follow this slightly less twisting path until you exit the woods at the road Gurrevej.

Turn right along Gurrevej and after 300m and immediately after a small thatched yellow cottage turn left up a track into the wood Nyrup Hegn. (If you wish to visit Gurre Kirke (#) carry straight on a further 150m and the church is on your left. To return to the route take a footpath from the churchyard south. At a crossing of paths turn right onto the route.) Continue forwards along this track until you reach the road Skindersøvej. In the Eastern corner, beside the modern Kongevej is a nature school with a nice café. The cobblestones on this path are part of the original Kongevej (#). Cross Skindersøvej and after a further 300m you come to Smedebakken. This is now a cycle and footpath. There is a red post at the exit from the path. Turn right to continue.

Leaving the path: Turn left and continue straight on also when the road merges with Skindersøvej. At the roundabout cross the current Kongevej and continue forward to a level crossing. This station, Mørdrup, is unusual in that there are two platforms but only a single track. Turn left for Helsingør and right for Fredensborg and Hillerød. To reach Espergærde continue forwards through the village and turn right at the traffic lights. This leads you past the modern church and shopping centre to the station.

### **Mørdrup to Fredensborg**

Joining the path: From Espergærde station, by the 7-Eleven kiosk/ticket office cross at the traffic lights and continue down Nørremarken, past the shopping centre and church. At the next set of traffic lights turn left through Mørdrup village until you reach the level crossing at Mørdrup station. From Mørdrup station cross the railway and go straight forward to a roundabout. Cross straight over and continue forward. At a Y- junction take the left fork (A designated cycle and foot-path). Continue forward until the red post. You are back on the path.

Continue along this cycle track until it ends when Gurreholmvej merges in from the left. After a further 100m turn left onto Ravnebakkevej which leads into Krogenberg Hegn. (The ruins Gurre Castle from 12th century can be seen continuing 100m and turning left for about 750m). At the entrance to the woods on the right there is a track leading to a shelter. Follow the woodland track, Ravnehusvej, for 2.5km until reaching the road Hornbækvej.

Cross Hornbækvej into Danstrup Hegn. At a T-junction turn left and after almost 100m there are two paths to the right. Take the first of these,; it almost doubles back on the path you are

on. Continue for the next 2.5km until you meet Danstrupvej. There are benches and tables here. Cross the road and follow a small track a few paces to the right that continues West through farmland for 700m until reaching the road Endrupvej.

Turn left and follow the road 1.2km until reaching a small path leading to Endrupbyvej on the right. Follow this and take the first left until you reach Maglegårdsvej. Cross the road and follow the path straight ahead until reaching a T-junction. Turn right and after 250m there is a path to the left. It has a red post that should be visible from your current path. Take this left turn and follow this path into Fredensborg Slotspark.

Continue on this path down a flight of steps until you reach Dybe Alle (Deep Avenue). Across Dybe Alle you will see stairs leading upwards. To proceed to them turn right and after 100m left across Dybe Alle. Climb the stairs and follow the path left. Ignoring the first path on the right the path turns right after a few metres. Follow this path, Kastanjegangen until reaching Esrumsø (#) close to the Kings pier (#). Turn left alongside the lake and after 200m take a path left. Follow this path as it joins another track and then turns left leading to Nordmandsdalen (#). Carry straight on and then turn left. You have the Queen's private gardens fenced off on your right. At the crossing turn right and after 300m you will meet a semi circular gravel path and Fredensborg Slot (Castle) (#). Follow this path round and then turn left and almost immediately right alongside the end of the palace buildings. At the T-junction turn right and shortly you reach the main gates of the palace.

Leaving the route: Turn left and follow the road round past an ice cream parlour. You are now at the start of Jernbanegade. Continue along Jernbanegade, crossing the main road at a roundabout and continue downhill towards a level crossing. Just before the level crossing turn left and the station is 100m down on the left.

The youth hostel can be reached by facing away from the castle, walk straight ahead into Slotsgade. Turn right onto Østrupsvej and the youth hostel is 150m down on the right. Store Kro hotel and restaurant is just a few metres further along Slotsgade beyond Østrupsvej.

## **Fredensborg to Allerød**

Turn left and follow the road round past an ice cream parlour. You are now at the start of Jernbanegade. Continue along Jernbanegade (a pedestrian shopping street) until you reach the main road. Cross at the roundabout and turn right down a slope. The grass slope can be slippery when wet. The path runs alongside but below the main road. After 250m it turns left. Continue 200m until you come to a red barrier.



## **Joining the route**

At the station turn left towards a level crossing. At the level crossing continue straight ahead down N.W. Gades Vej. Passing through the grounds of a nursery school continue forwards until you reach a T-junction. Turn left and after 100m you will reach a red barrier.

Cross the road (Kongevejen) but not the railway to a path alongside the railway. Follow this path through woodland until reaching a rainwater reservoir and after crossing a stream it turns right. There is a footpath straight ahead, just ignore it. Turn right and follow the path alongside the woods. After 150m the path turns left and shortly reaches Kratbjerg. Turn right past the prizewinning Orchid Nursery. At the main road, Hillerødvejen, turn left and after 400m turn left onto a woodland track. Follow it into Sørup Hegn. After about 700m it joins a road, which you follow to the left. You will see the children's home Granbohus in front of you. Before reaching Granbohus turn right. After 100m turn left onto Viadukten and you are in Grønholt Vang. After passing under the railway take the second right, a grass track, (300m after the railway).

At this point there is a short detour to the Crooked Oak Tree (#). The tree is 30m straight ahead on the right. Returning to the junction turn left onto the grass track. 200m further on is a small path on the right, which leads to Grønholt's ruins (#). There are tables and benches here. If you take this detour return back the same way to the junction and turn left. The route continues straight ahead. At the T-junction turn left. After a few metres, at a very strange junction take the second left and walk out onto Præstemosevej and turn right.

After 500m turn right in a T-junction continue along this road, passing Grønholt Kirke (church) on the right. Close to the church, on the left is one of the original "Rytterskole"'s (#). Take the first track on the left (Grønholtvej 26-32) and pass Fuglehavegård. Follow this road into Grønholt Hegn. 600m into the woods turn left at the second track on the left. After 1km you leave the woods at a large house and a riding school. Immediately after passing the

riding school turn very sharp right onto a footpath besides exercise yards and paddocks. This path can be very muddy. Continue southwards on this path until crossing a small, partially piped, stream. Cross the stream and turn left. After 75m turn right onto a field track close to another stream. Turn left at the first track and immediately after crossing a stream right onto a grassy track. Turn left along Avlsholmgårdsvej and follow it until you reach Karlebo Kirke.

Turn right onto Karlebovej and after 200m take a footpath on the left and follow it to Avderødvej. Cross Avderødvej and continue down Kirkeltevej until reaching Isterødvej. You pass Karlebo

Windmill on the right hand side some distance from your route. Just before the roundabout turn left onto a slope downwards to a tunnel under Isterødvej. Turn left when exiting the tunnel. At the Bed and Breakfast, Naturly, cross the lawn and enter Kirkelte Hegn. Continue on the path until you reach a car park at Løjtehus. Turn right onto a woodland track, Damvej. After 300m take a left turn and then a right turn when reaching Store Dønse Dam lake. Turn right along the North side of Store Dønse Dam where there are benches and tables. After the lake take the first left onto Dønsevej. This bears slightly right. Continue until passing a lake on the left then at a crossroads a Yellow path carries straight on. Follow this to Kongedyssen (#). A path on the right leads up to the top of Kongedyssen burial mound.

Turn left on a path across flowering meadows. The path skirts a lake on the left and finishes up meeting Bomvej again at the edge of the woods. Cross the track and take the track ahead turning half right at a junction. Follow this track (Bomvej) until reaching an asphalt road (Stumpedyssevej). Turn right and after 200m, at the first opportunity left onto the woodland track Egemosevej. You are now in Tokkekøb Hegn. Follow this until at a crossing turn left onto Vildtmestervej. This leads to a major road Kongevejen. Cross Kongevejen and ignoring two paths to the right follow the woodland track on the left. The track continues until it reaches a T-junction with Grønnemosevej. Turn left and after 300m the track turns right. On your left you will see a tunnel under Nymøllevej. Follow the path down and turn very sharp left to reach the tunnel entrance.

At the far side turn left onto Ejnars Sti. You are in Sortemosen (Black Marsh). After 250m take a small footpath right. It can be difficult to find. After 50m another path that has a sign 'Privat skov' and a riding forbidden sign crosses. Carry straight on southwards through Sortemosen. At the edge of the woods turn right and follow the grass track at the edge of the woods until reaching Sortemosevej. Turn left and take the cycle path. Shortly before the Ny Allerødgård buildings cross the road and take the road on the right passing a builders merchant.

When the road turns sharp right continue on a path just past the road that leads right and down to and under the railway. Coming up from the tunnel to a track turn left. On your right is Allerødsø (benches and tables) and shortly afterwards at a Y-junction take the right fork onto Kattehalemse (#). (At the Y, there is a hole in the hedge, for a good view go through and up the hill Karen Sofies Høj – with a bench). The track was actually the track bed of an industrial railway for a number of brick works (#).

### **Joining the route**

From the station cross the road and walk straight ahead down the pedestrian street. At Frederiksborgvej turn left. Keep on this road, crossing a roundabout, and after 500m a bridge over Nymøllevej. The road turns to run parallel with the railway and soon reaches a barrier where a few metres later the path from the foot tunnel under the railway joins.

Follow the path until you reach Kattehalevej, turn left following alongside Søndenskov. After 600m turn right into Søndenskov and take the left fork of the track. Carry on forwards as the track curves south and meets a road at a T-Junction. The houses here are called Tivolihusene. Turn left and after 150m turn left again onto a small track. This track turns right after 30m. At the end turn right onto the footpath besides Høveltevej. When the footpath changes sides of the road cross the road and continue on the footpath.

Take the first small road on the left at a road sign that says “Høveltevej 68-78”. After 350m the track turns right around the Fuglsang farm. Shortly afterwards the track turns left and after 400m right. (Here a 300m detour to the left on a small path can take you to the lake Julmose Sø, with a bench). You meet a road, Stavnsoltgydevej, as it turns a corner. Carry straight ahead, southwards.

After 600m and just before the road turns left take a path (Nordøststien) on the right that leads you through a tunnel under Bistrupvej.

After 300m passing a lake a lake on the right take a path to the left. Follow this path crossing a road and continue on until the path turns right through two rows of yellow brick houses. Continue southwards along Stavnsoltstien. After 500m the path passes under Paltholmsvej passing Solhøjgård, the school farm (#), and reaches Stavnsoltvej. Turn left and then right at the village pond. On the right is the Furesø Museum (#). Walk on through this old village until you reach the Solgaven nursing home. Continue round to the left in front of the nursing home until you reach Skovbakken.

Turn left and follow the road until it becomes a path that leads down to Furesø Lake where you turn right. Almost immediately a short climb up to Høje Klint (High Cliff) gives magnificent views of the lake. When the path turns right continue up the hill for 275m and

take a path on the left between two houses. Cross Vitus Beringsvej and continue along the path until V. M. Amdrupsvej. Turn right then left onto Dybedalsvej. After 100m, at an information board turn left onto a path through Nattergalelunden (Nightingale Spinney). After 100m turn right at a crossing and then after a further 100m left. Carry straight on while the path becomes Perle Alle and then Dortesvej. Upon reaching the main road, Frederiksborgvej, turn left and a few metres further left down a flight of stairs. Cross the road via a tunnel.

On exiting the tunnel you have reached Mølleåen (#) (The Mill River) and Mølleåsti (The Mill River Path). We follow the Mølleåsti until the watershed (#) at Småsøerne (The Small Lakes). We will rely upon the signposting of this route and just comment certain places underway. The path twists and turns left and right across open ground until it passes under the Motorway. There are benches and tables as well as a primitive tent site about 150m straight ahead. At the bridge on the right cross the river. Follow the path under the railway and follow it between the railway and Farum Sø for 200m and turn left onto a path alongside Skovvængets Alle.

Leaving the path: Instead of turning left onto Skovvængets Alle continue straight ahead on Farumgårds Alle. There is a narrow path on the left hand parallel with but below the road. Deer are often seen grazing among the trees here. Where the road turns left there is a flight of steps on the right. Go down these and cross the car park to the station.

Farum to Stenløse Joining the path: steps and turn left. The road then turns right along the railway. You may also use the small footpath on the right. When a path crosses the railway on the left turn right and you are on the path towards Roskilde. Carry straight on and you are on the path to Helsingør.

Deer can often be seen grazing near the woodland ponds to the right. After 600m the path turns right to a crossroad, The leftmost path, through the entrance gates for Farumgård (farm), is the one to be followed. This path is for pedestrians only. The next path is for all other traffic. Should the gates be locked then the path for other traffic must be used. Both routes are signposted. Follow the signposted route for 7km. After 5.5km on the banks of Bastrup Sø (lake) you meet Bastrup Tower – the ruins of Scandinavia's largest defensive towers. The tower was built about around 1100. When you reach a road cross over and after 400m. This is a watershed Småsøerne (The small lakes) .

Here are two, mostly dry, springs close to each other, each the source of a river, flowing in opposite directions. Mølleå flows into The Sound 38 km to the East whilst Græse Å flows into Roskilde Fjord in the West.

Here we leave the Mølleåsti and turn left into Ganløse Eged woods. After 400m turn right onto Midtvej. Walk forwards until you reach a junction with two other woodland tracks. Take a small footpath between these two tracks to leave the wood. At a stream the path turns left in a southerly direction. The path turns half right and meets a junction. Take the rightmost road alongside the stream until just before the road crosses the stream and turns right take a left turn onto a path alongside the stream. Follow this path into and through Klokkekilde Bakker woods. On reaching Klokkekildevej turn left and take a path beside the road until you reach the village of Slagslunde.

Continue along Klokkekildevej until reaching a T-junction. Cross Slagslunde Byvej and take a path almost opposite Klokkekildevej leading southwards. At a T-junction turn right and the path shortly becomes Tværstræde. Take the first right onto Stenløsevej. After 800m the road turns to the right at a Y-junction. Take the left hand fork. The track twists and turns for 1.2km, crossing a stream, winding around a farm until the final left turn at the farm Tornehøj. At the T-junction turn right and after 50m, when the road turns left, carry straight on along a footpath. This path also twists and turns for 1km, crossing a stream until reaching a larger road. Turn left past Sandholm farm on the right. Continue along the road until just after Svaneværsgård (farm) you join Stenlillevej. Continue ahead on this road southwards until reaching Frederiksvandvej turn right to the traffic lights and cross the busy main road and continue south-westwards along Byvej. Follow this passing the church on the left, until Præstegårdsvej. Cross Præstegårdsvej and enter the pedestrian shopping street slightly to the right. Walk forward until you reach the Netto Supermarket on the left.

Leaving the path: Walk through the pedestrian street until reaching Stationspladsen. Turn left and the station is 100m down on the right.

### **Stenløse to Roskilde**

Joining the path: left onto Stationspladsen and after 100m turn right into the pedestrian shopping centre. Continue past the shops until the Netto Supermarket, turn right after the supermarket for Roskilde, go straight ahead for Helsingør.

Turn left just before the supermarket and cross the car park. Cross the road, Parkeringsbuen and 10m left you will see Toftholmsvej. Turn right into this and walk forwards. After 500m it becomes a path and crosses the railway. Turn left into Viadukten. Take the first left, Bauneholmvej and follow it as it turns southwards and becomes

Blæsenborgvej. Continue on this road ignoring roads off to the right until you reach Værebros Å (#) (river) at Stenløsebro (bridge). Continue along the road to a T-junction and turn left.



After 300m turn right onto Knudsbjergvej. 50m after the crossroads the road turns left and after another 50m right. After a further 20m on the right turn into Lærkevang. Follow Lærkevang and turn right when you reach Birkevang.

At the end of Birkevang cross the main road and take a path into the woods. This crosses a stream and passes through Engtoften. At the Y-junction turn right and shortly right again onto Store Valbyvej. 100m further on turn right onto a path that runs alongside Grundsømagle Sø (lake). The Danish Society for the preservation of birds have created a nature sanctuary here and erected a viewing tower, benches and tables. The reed beds are criss-crossed by paths. By the viewing tower

the path turns left and leads to Kirkerupvej.

Turn left and follow the road until it turns left at Kirkerup Church. After a further 150m take the left fork at a Y-junction, Kirkerupvej. Follow this until a T-junction on the edge of Grundsøllille village. Turn left and 200m past the crossroads turn right just before the school. Follow this path as it turns south, crosses a stream and enters Ågerup village. Walking south take the second path on the right which becomes Højgårdsvej. At the end, by the supermarket, turn right then left at the T-junction and right again in front of Ågerup Church.

After 200m it turns left and meets Krogagervej. Turn right and then right again at Slæggerupvej. This will be followed for the next 4 km. The local authorities are in the process of opening footpaths and they will be used as they open. Shortly after passing Marbjergholmsvej on the left you then pass a low round redbrick water tower at a farm on the right.

After 250m just before the next farm take a track on the left. Where the path crosses Solopgangen turn right and follow the path westwards. After crossing Nordens Parkvej/ Nanortalikvej continue until reaching a small roundabout and turn left onto Slæggerupstien and follow it southwards for 1km until you reach Trekroner Alle. Turn left and at the crossroads cross the main road and turn left. Turn right onto Ternevej. Continue along Ternevej and turn left at Præstemarksvej Turn right onto Solvænget and at the far end take the path Universitetstien. At the end turn left and then right onto Algade. You have just joined the long-distance path E6. Follow E6 forwards into Roskilde.

Leaving the path. Turn left at Hestetorvet. The station is at the top of the rise.

